## EMBODIMENT in VIRTUAL REALITY

A platform for manifold studies: from human perception to telepresence and rehabilitation



Lisbon, August 1st 2013



Antonella Maselli



#### THE EVENT LAB

Experimental Virtual Environments for Neuroscience and Technology



Mel Slater



Mavi Sanchez-Vives



- 5 Postdocs
- 10 PhD students

- 7 technical staff
- 2 administrators
- short term visitors

## OUTLINE

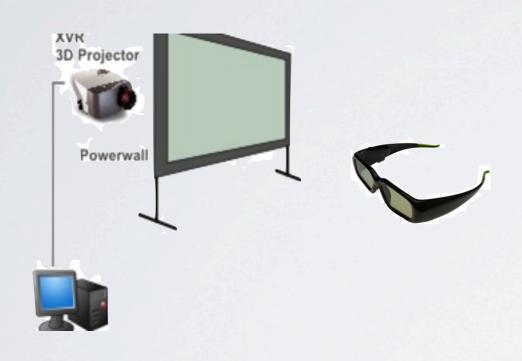
- Devices for Virtual Embodiment
- · Multisensory Basis of Own Body Perception
- Body illusions
- · Body ownership in VR: from perception to behavior
- · Being a Robot
- VR for Telepresence: The BEAMING technology

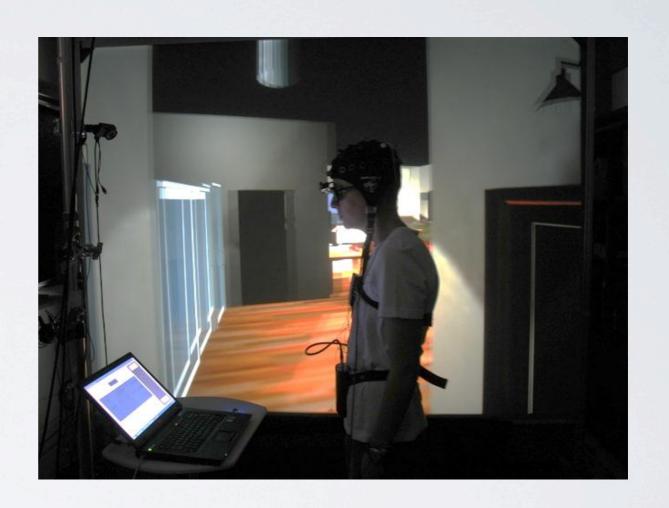
# DEVICES FOR VIRTUAL EMBODIMENT

- Immersive Visual Displays
- Tracking Systems
- Haptic Devices
- Physiological Devices

## VISUAL DISPLAYS

#### The Power Wall



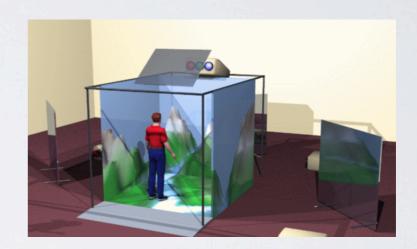


- $2 \times 1.8 \text{ m}^2 \text{ screen}$
- I 3D Projector
- Stereo Glasses (synchronized)
- Head tracking

## VISUAL DISPLAYS

#### The CAVE





- 4 Screens
- 4 3D Projectors (with calibrated mirrors)
- Stereo Glasses (synchronized)
- Head Tracking

## VISUAL DISPLAYS

Head Mounted Displays (HMD)

#### nVision SX111 by NVIS



- FoV: 120°h x 64°v
- 1.3 Kg
- Res: 1280 x 1024

#### Oculus Rift



- FoV: 90°h x 110°d
- 380 Kg
- Res: 640 × 800

#### Intersense



Head Tracker



Object Tracker



Inertial Technology:

6 DoF Gyroscopes, Accelerometer

Hand Tracker

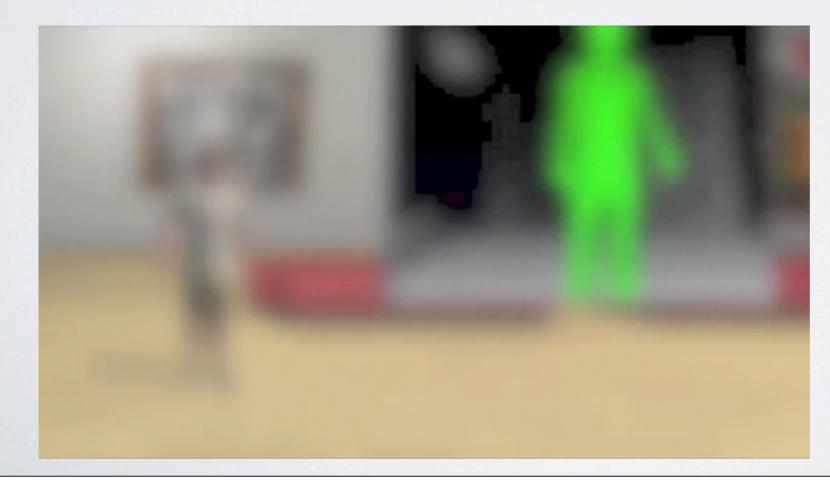


#### Kinect



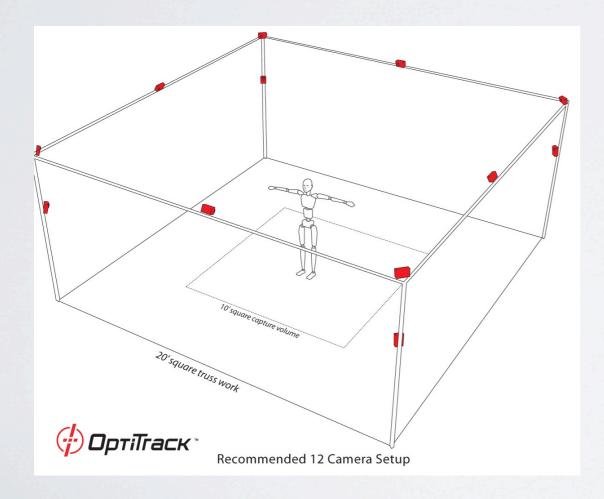
#### Optical Technology

- Body Tacking
- Facial Tracking



#### OptiTrack



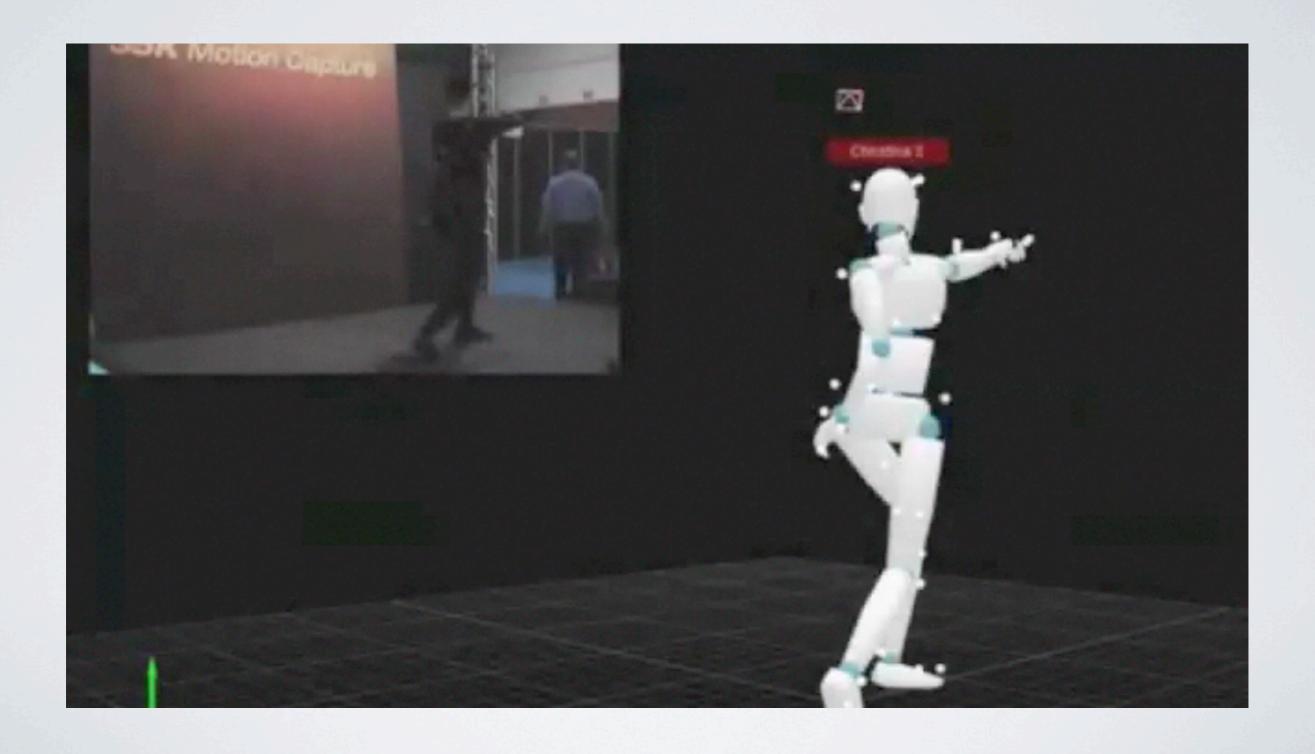


#### Optical Technology

- 12 Infrared Cameras
- Triangulation of the position
- Reflector Markes
  - Body Tacking
  - Facial Tracking







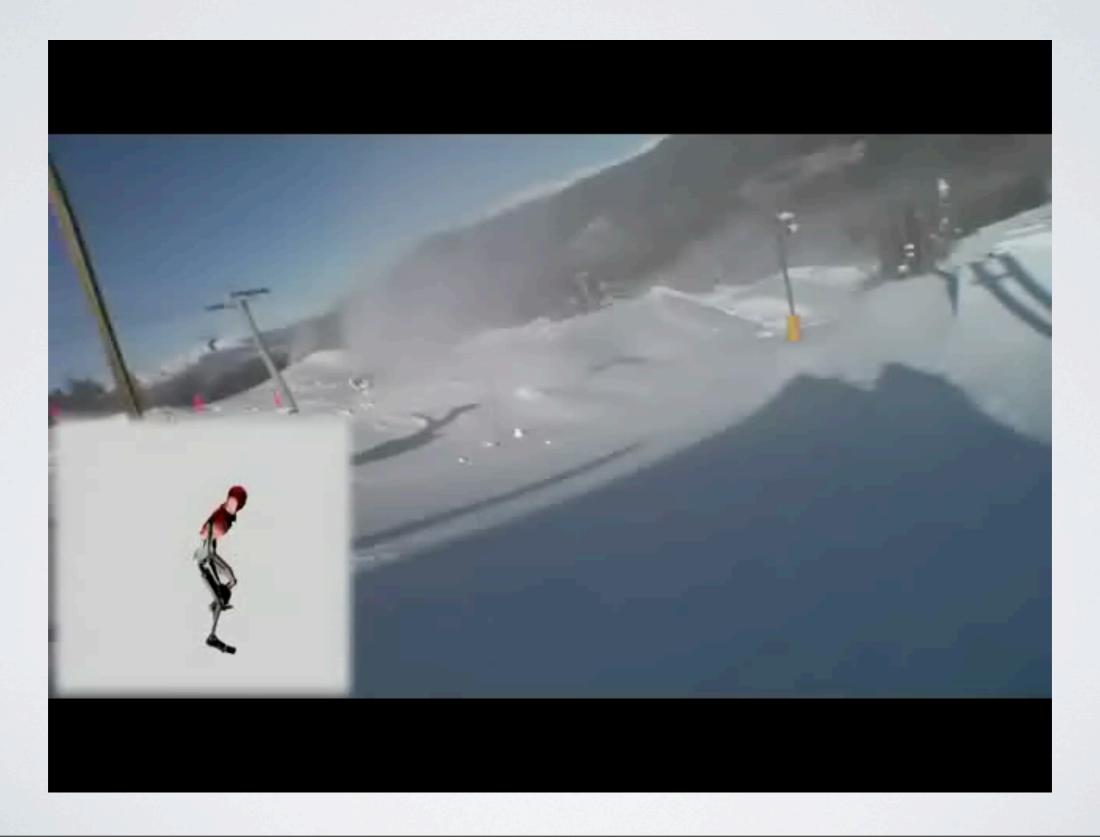
Xsense



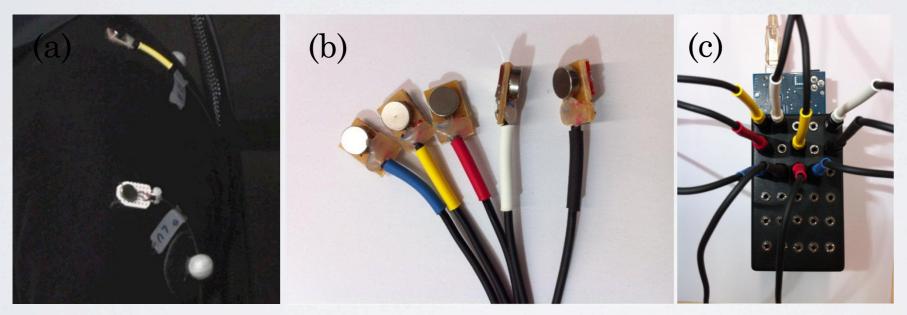


#### Inertial Technology

- 6 DoF Accelerometers
- NO cameras
- Indoor/Outdoor



## Vibrators controlled via Arduino boards



(a) Vibrator on the suit. (b) Vibrators. (c) Arduino board.

#### Haptic Gloves



#### to track hand movements

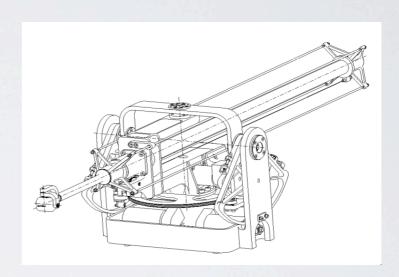


to exert force feedback to the hand and simulate interaction with objects in the virtual scene

#### Force Feedback Devices

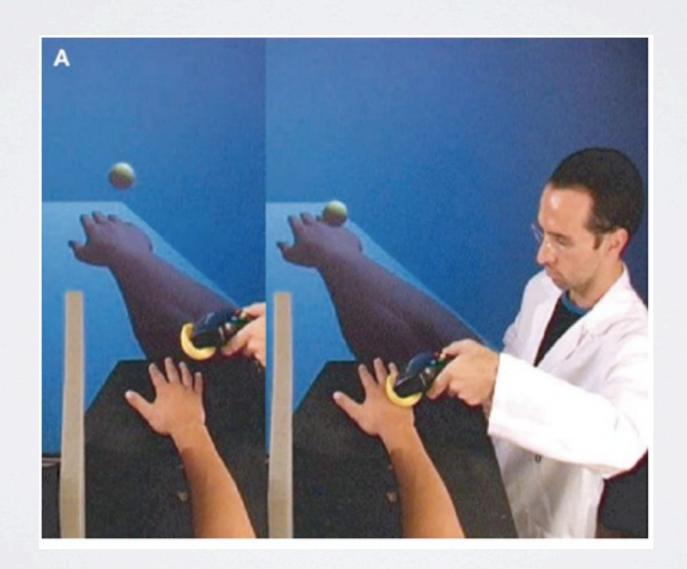
Phantom







Manual control of "registered" tracked objects



## PHYSIO DEVICES

Monitoring participants' response to VT Controlling avatars' behavior

- Temperature
- GSR Galvanic Skin Response
- HR Heart Rate
- EMG Electromyogram
- EEG Electroencephalogram







## EMBODIMENT IN VR

An Example



# OWNERSHIP ILLUSIONS as EMERGING PERCEPTS

- Multisensory Dimension of Body Perception (an overview)
- Body illusions (some examples)
- Ownership Illusions in VR (some examples)

#### SENSORY CHANNELS FOR BODY PERCEPTION

- Vision
- Hearing
- Smell
- Taste
- Somatosensory system

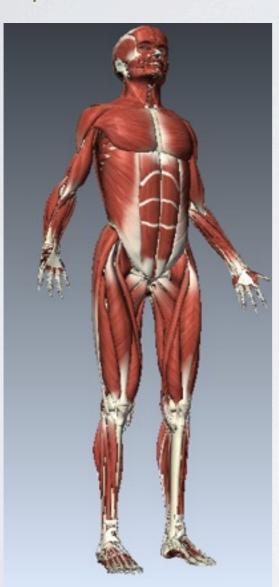


- Touch
- Thermoception
- Nociception
- Proprioception
- Interoception

#### SENSORY CHANNELS FOR BODY PERCEPTION

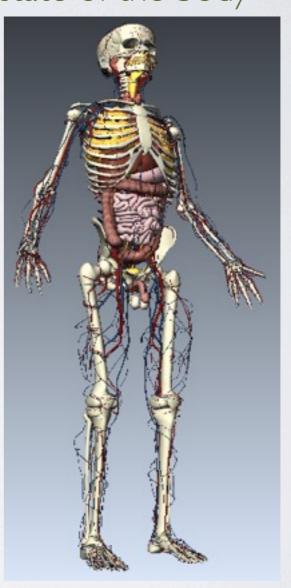
Proprioception

"position sense"



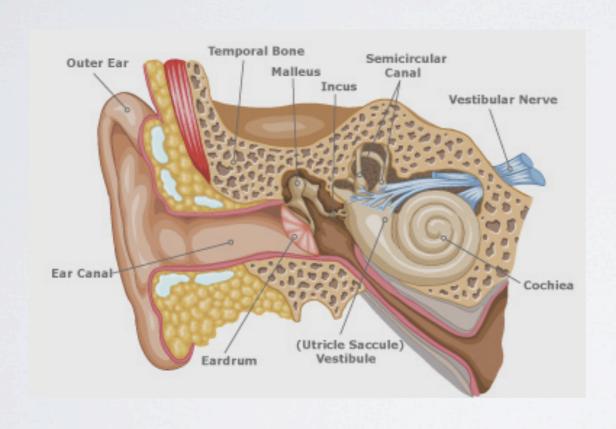
Interoception

"sense of the physiological state of the body"



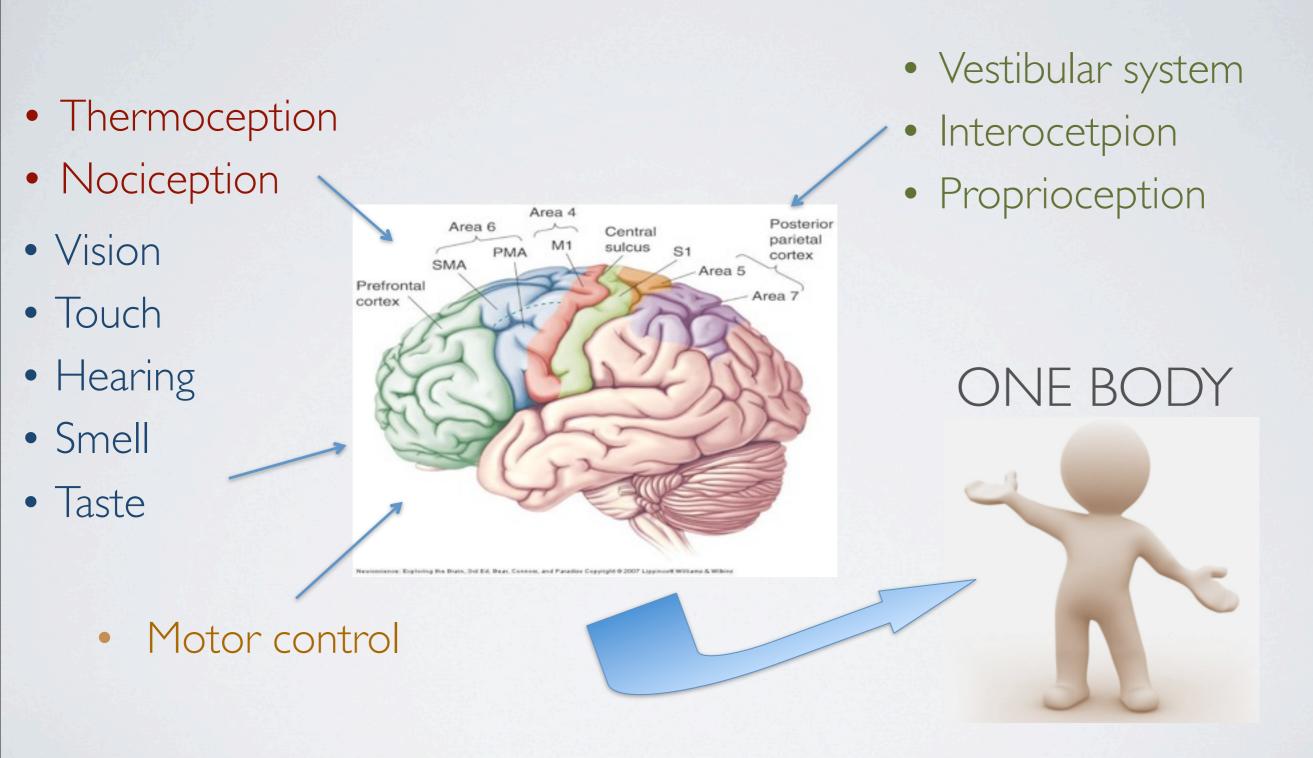
#### SENSORY CHANNELS FOR BODY PERCEPTION

Vestibular system

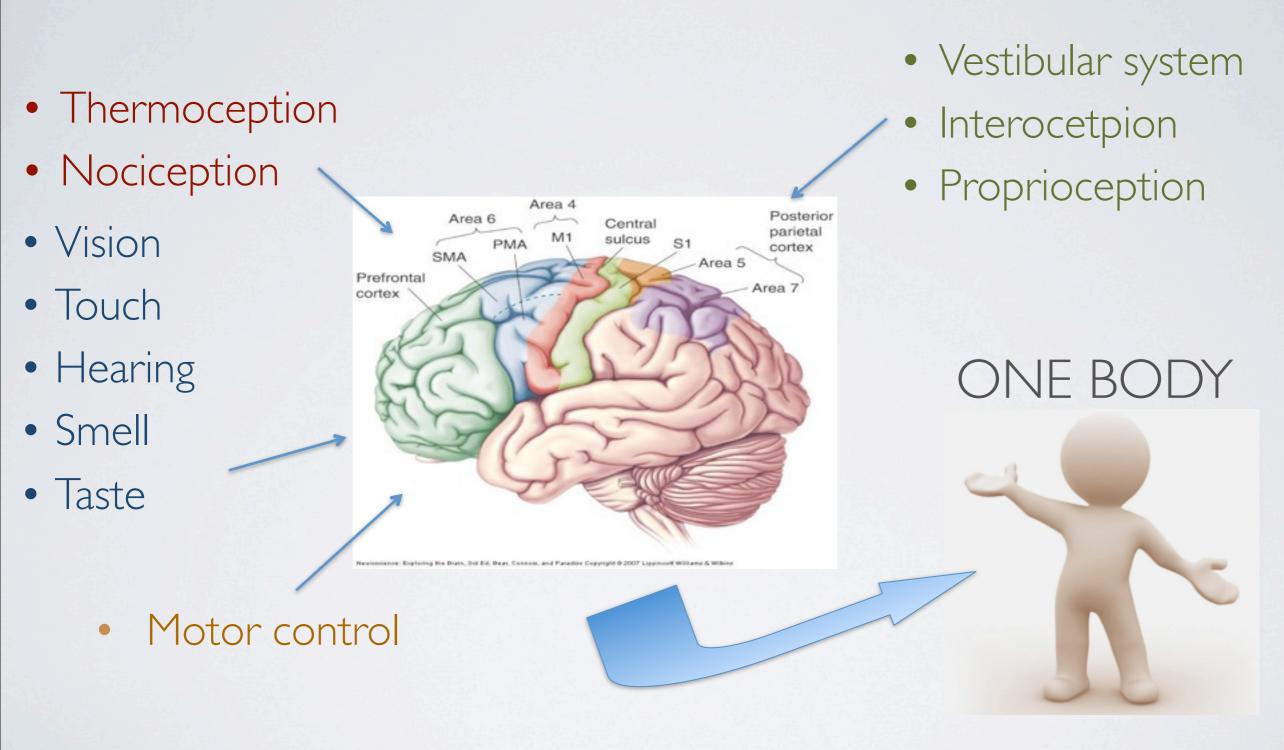




## A SINGLE BODY PERCEPT



## A SINGLE BODY PERCEPT

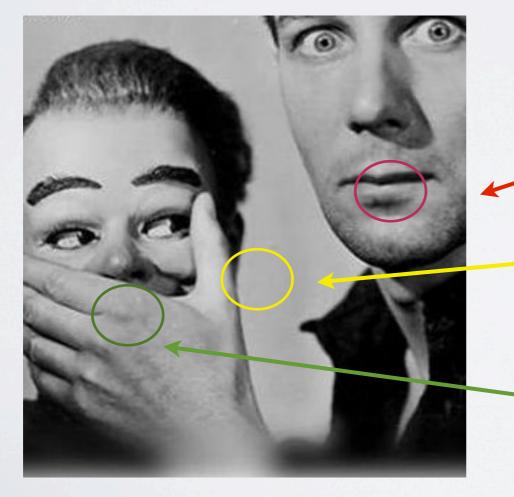


MULTISENSORY INTEGRATION

#### MULTISENSORY INTEGRATION

process in which the concurrent information from different sensory modalities is combined, returning a SINGLE percept different form the ones corresponding to the single modalities.

#### Example: VENTRILOQUIST EFFECT



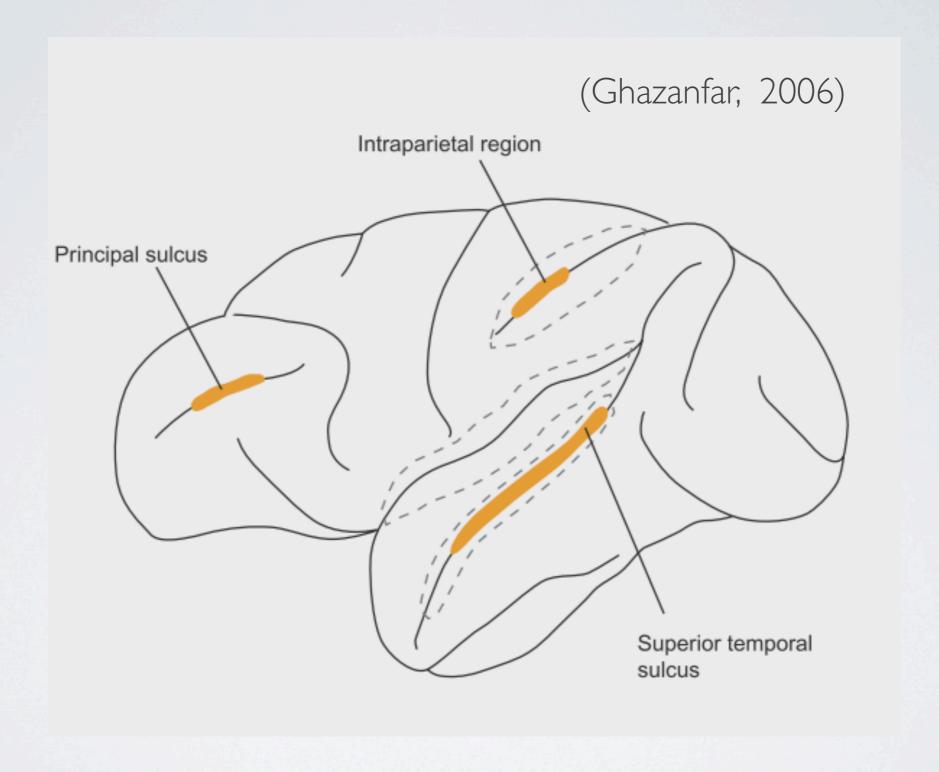
"Where the voice come from?"

SOUND ONLY

SOUND + VISION

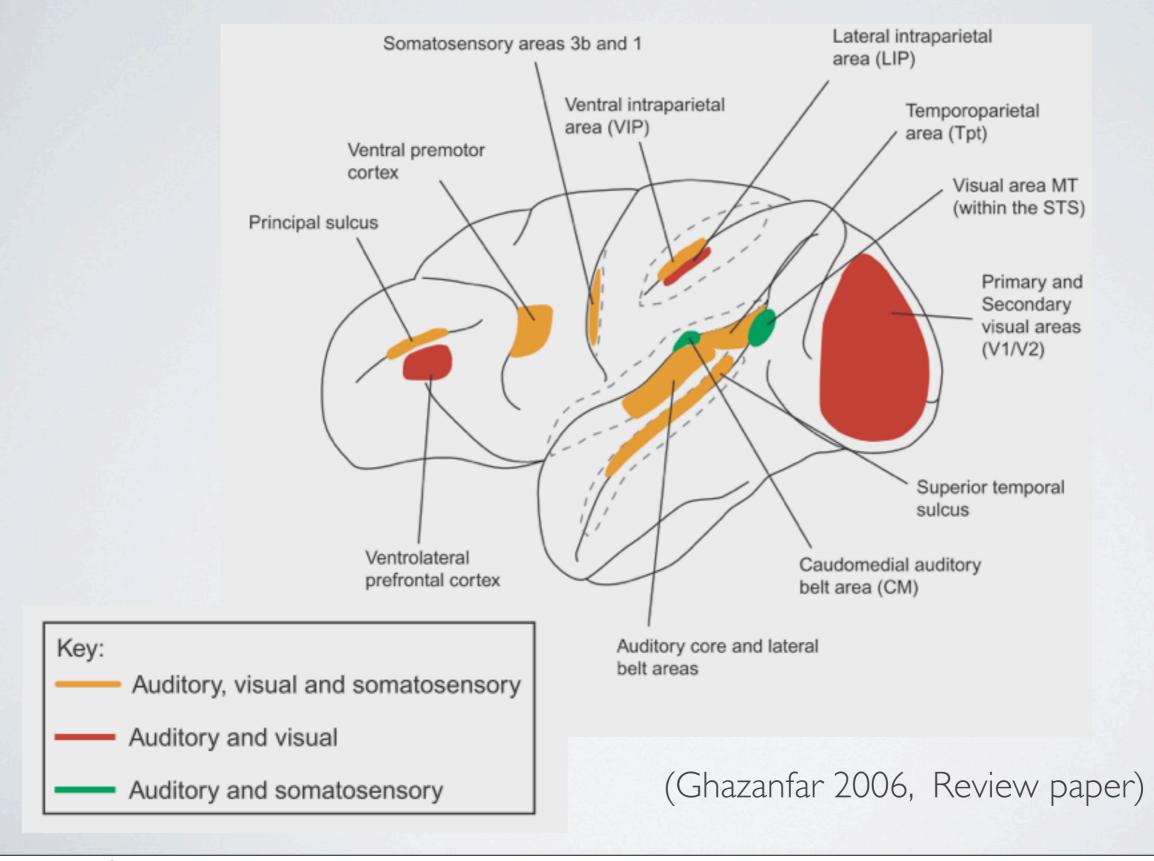
VISION ONLY

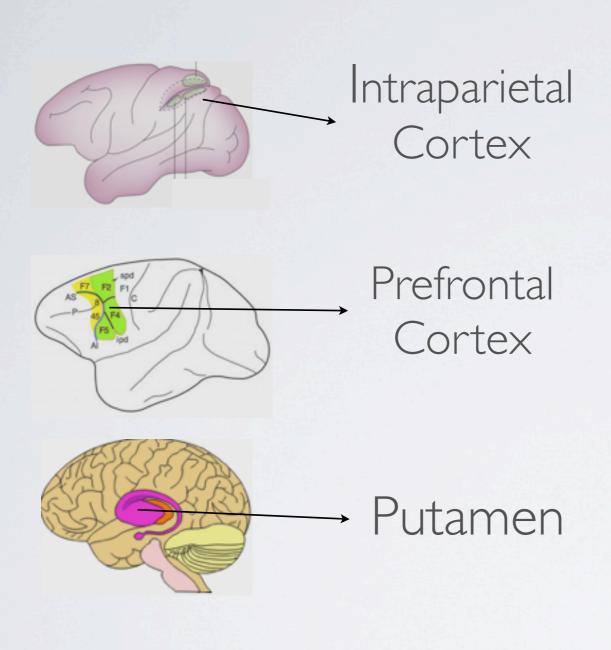
#### SITES OF MULTISENSORY INTEGRATION



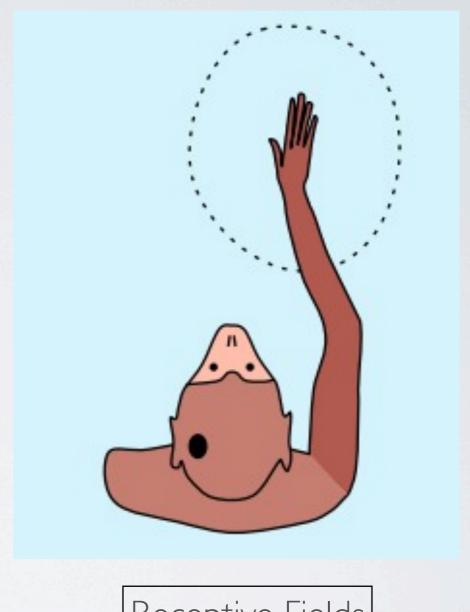
Auditory, Visual and Somatosensory

#### SITES OF MULTISENSORY INTEGRATION





Single neurons respond to both tactile and visual stimuli



Receptive Fields

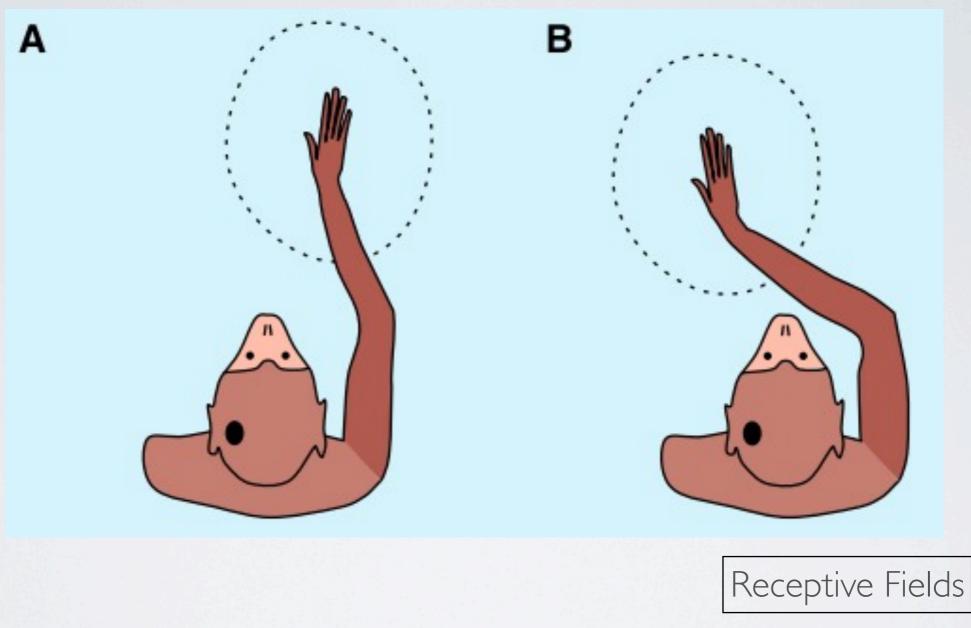


Tactile

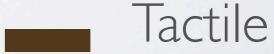


Visual

(Graziano and Gross, 1995; Maravita et al., 2005)

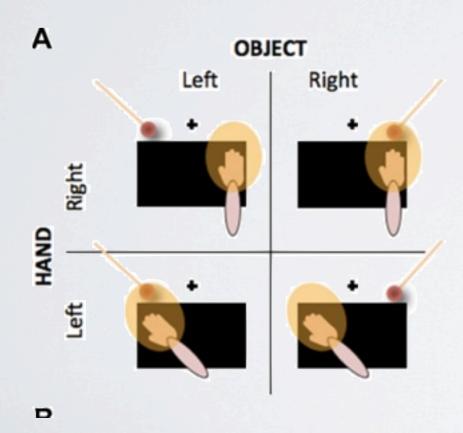


The visual RF is anchored to the hand and moves with it.





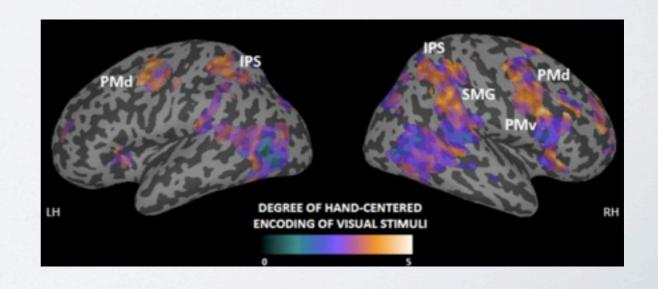
#### fMRI Study in Humans



(Brozzoli, Gentile and Ehrsson, 2012)

Neurons with hand-centered visual receptive fields have been found in:

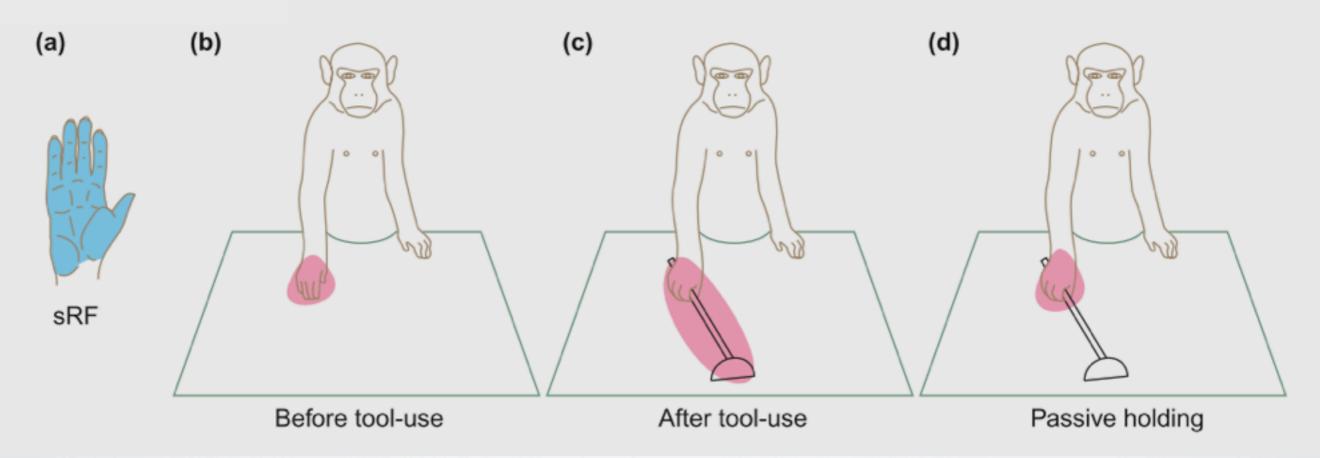
- Premotor Cortex
- Parietal Cortex (IPS)
- Putamen



Tactile RF

Visual RF

#### Distal-type neurons



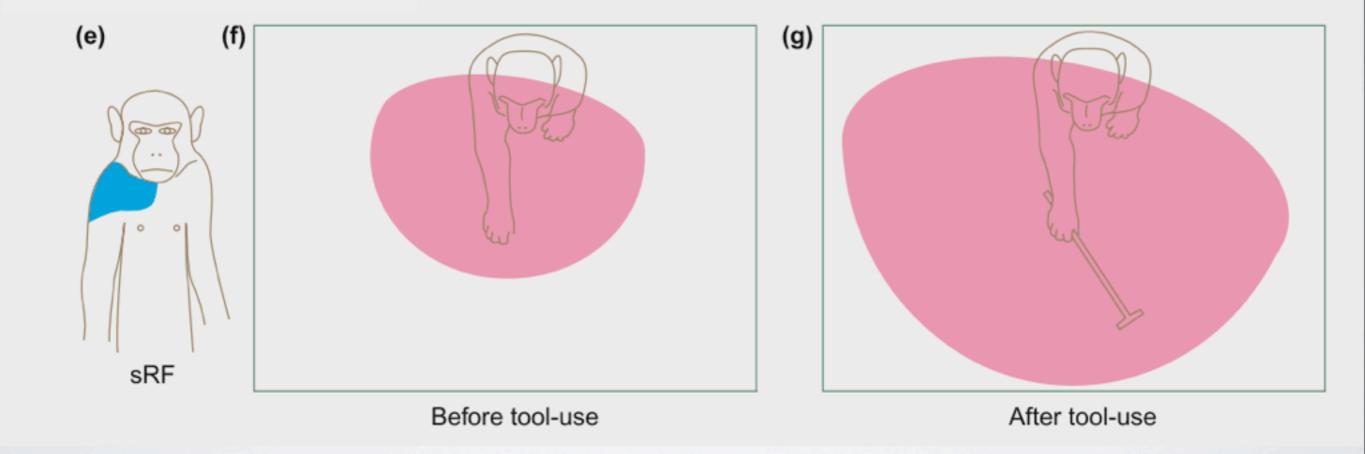
The visual receptive field of bimodal VT neurons extend in space after active tool-use.

(Iriki et al., 1994)

Tactile RF

Visual RF

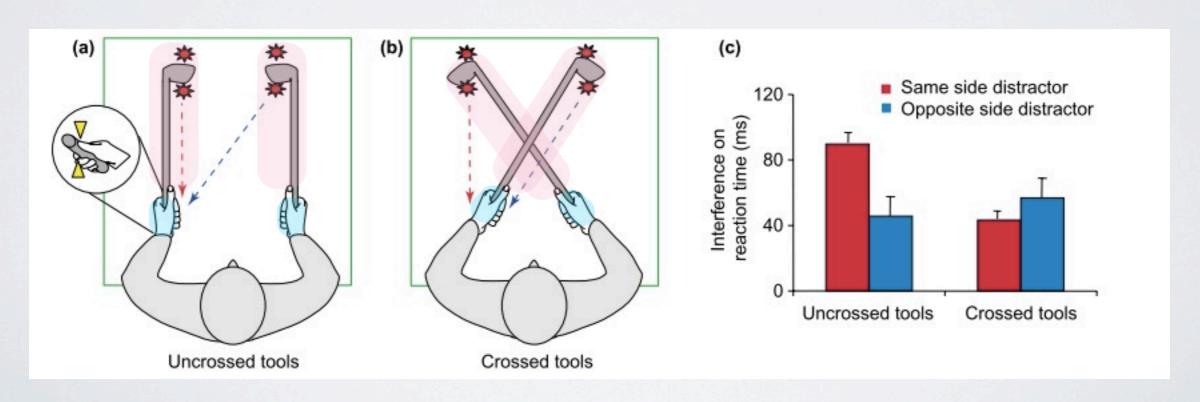
Proximal-type neurons



The visual receptive field of bimodal VT neurons extend in space after active tool-use.



Expansion of the vRF of bimodal VT neurons also found in humans using a psychophysical test (Cross-Congruency-Task)



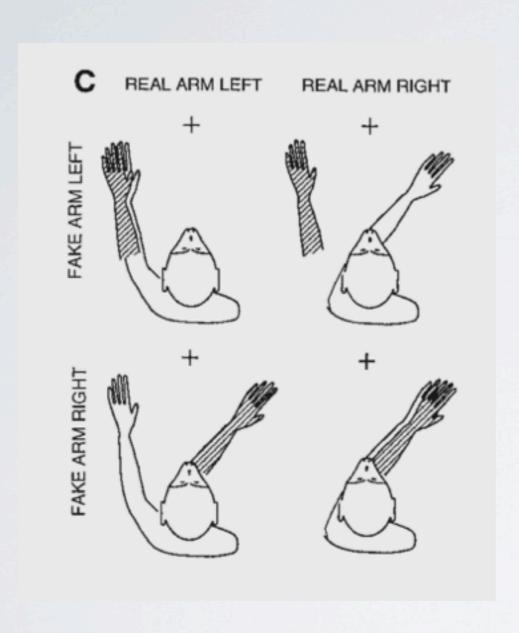
(Maravita et al., 2002)

# INTEGRATION OF VISION AND PROPRIOCEPTION

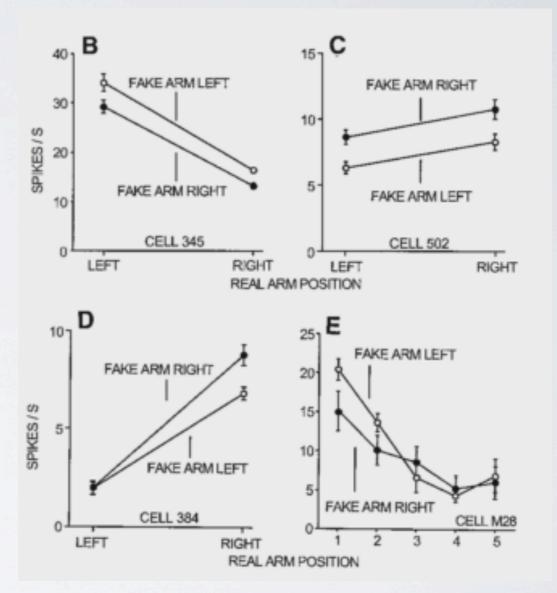
Areas 1,2 Area 5 REAL ARM LEFT REAL ARM RIGHT FAKE ARM LE FAKE ARM RIGHT POINT

Proprioception and Vision can be decoupled using a fake arm

## INTEGRATION OF VISION AND PROPRIOCEPTION

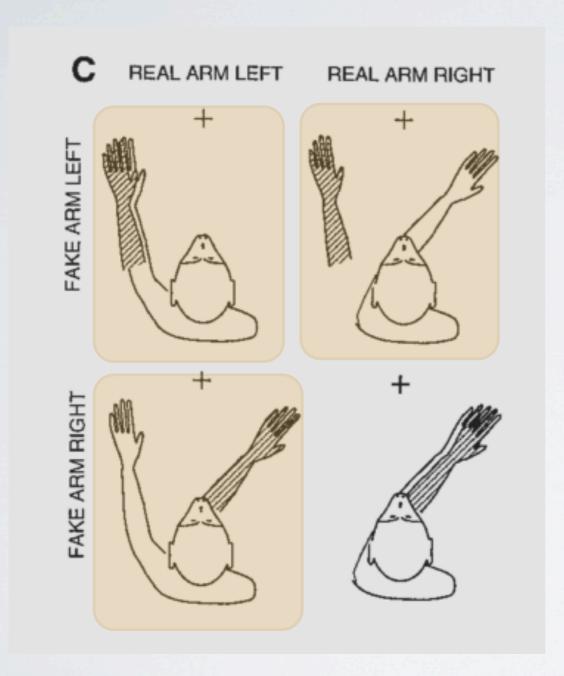


(Graziano, Cooke and Taylor, 2000)



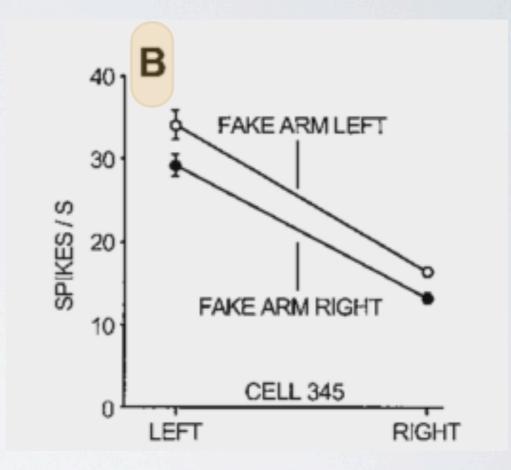
Single cell recordings show that area 5 neurons respond to both visual and proprioceptive signals about the arm location.

## INTEGRATION OF VISION AND PROPRIOCEPTION



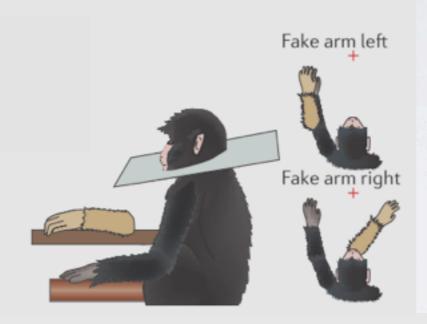
(Graziano, Cooke and Taylor, 2000)

#### Bimodal Neuron



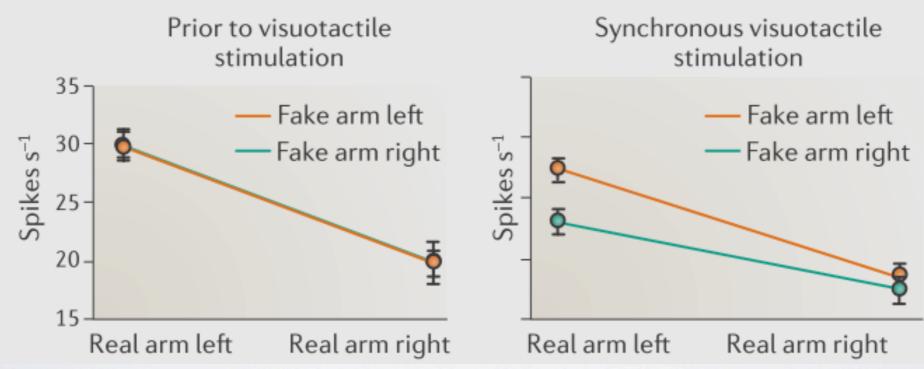
REAL ARM POSITION

# INTEGRATION OF VISION, TOUCH AND PROPRIOCEPTION



#### Trimodal Neurons

The cell becomes sensitive to the position of the seen fake arm only after synchronous stroking



(Graziano, Cooke and Taylor, 2000; Blanke, 2012)

Why?

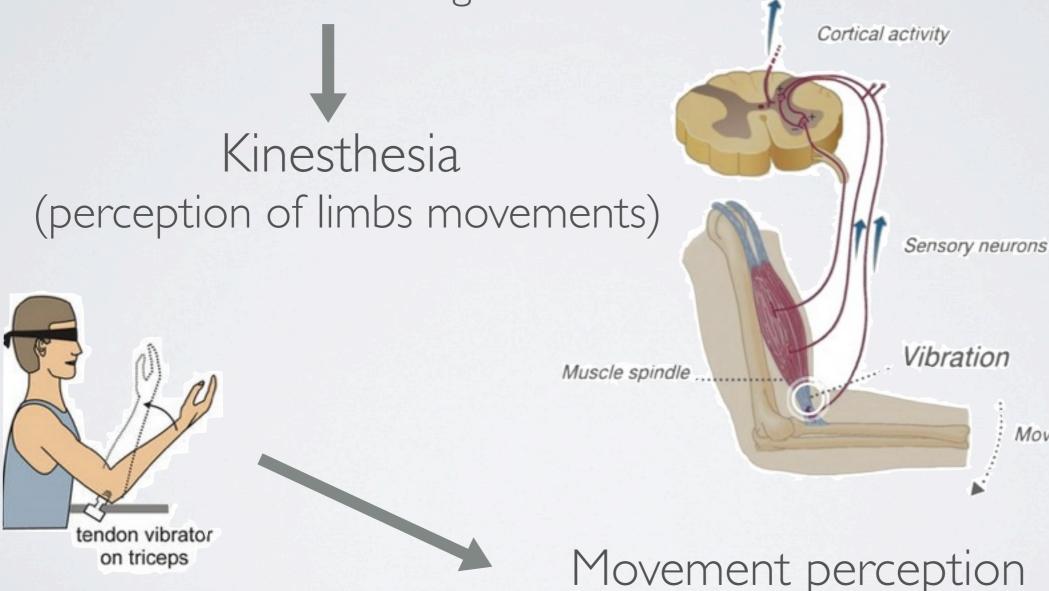
#### Why?

- Bl are generated when the brain receives conflicting multisensory stimulations and tries to fit them in a coherent percept
- Bl through light on the enormous plasticity of the body representation in the brain
- Bl provide a controlled tool for investigating the brain mechanisms that control body perception

- Kinesthetic illusion (body deformations)
- Ownership Illusions
- Combination of Kinesthetic and Ownership Illusions in Virtual Reality

#### Illusory Movements

muscle spindles, cutaneous and joint receptors that are activated during real movement



Movement perception in absence of actual movement

Movement illusion

80 Hz vibration

#### The Pinocchio Illusion

(Lackner, 1988)



- ▶ Biceps vibration induces the illusion of elbow extension (80% subjects)
- ▶ 50% subjects experienced a **NOSE ELONGATION**
- > 30% subjects experienced FINGERS ELONGATION
- > 20% subjects experienced NOSE and FINGERS ELONGATION

#### The Pinocchio Illusion

(Lackner, 1988)



The illusion results from an interaction of touch and proprioception that are integrated within the context of a known human body structure.

#### Other kinesthetic illusions

(Lackner, 1988)

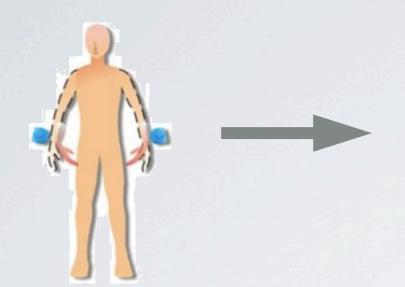
	Test configuration A	Experienced pattern	Test configuration B	Experienced pattern
1				風風
2				
3	TO STATE OF THE PARTY OF THE PA	便便	R.	風風風
4				

#### Other kinesthetic illusions

(Lackner, 1988)

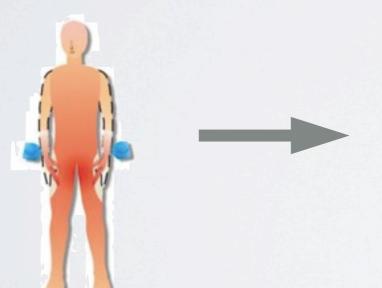
	Test configuration A	Experienced pattern	Test configuration B	Experienced pattern
5				
6				
7				

### The Shrinking Waist Illusion

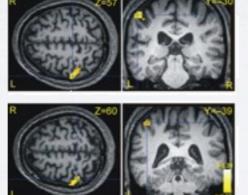


Illusory Motion

Primary motor cortex is activated (even if there is no actual movement)



Wrist Shrinkage



Parietal cortex is activated (site for the MSI of vision, touch and proprioception)

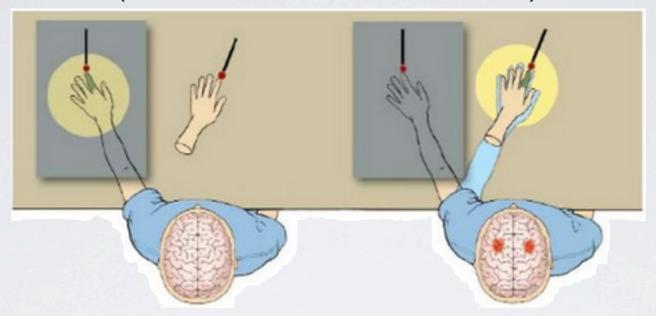
(Ehrsson et al. 2005)

# BODY OVNIERSHIP ILLUSIONS

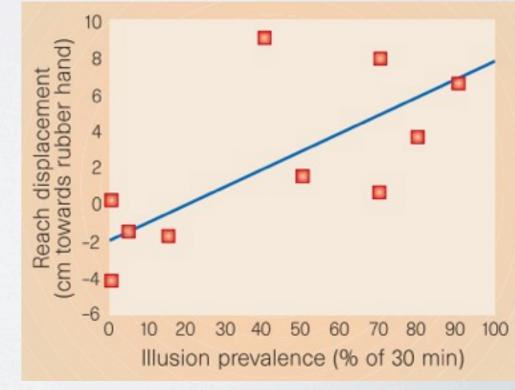


(Botvinick and Cohen, 1998)

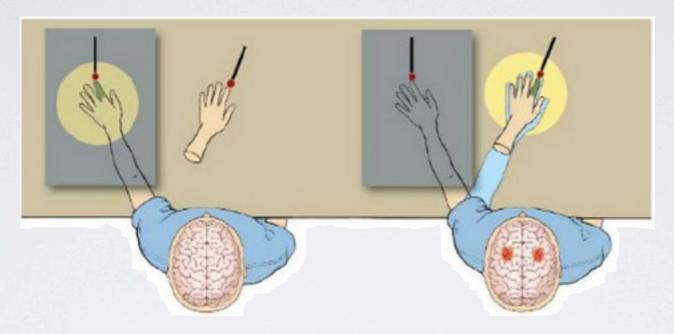
(Botvinick and Cohen, 1998)



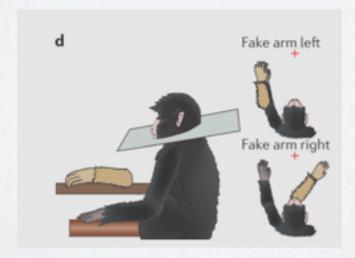
- TOUCH experienced through the rubber hand
- "it seemed as if the touch I felt was caused by the paintbrush touching the RH"
- OWNERSHIP
  - "I felt as if the rubber hand were my hand."
- PROPRIOCEPTIVE DRIFT

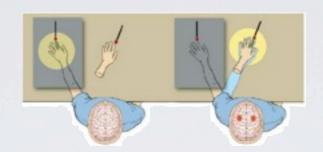


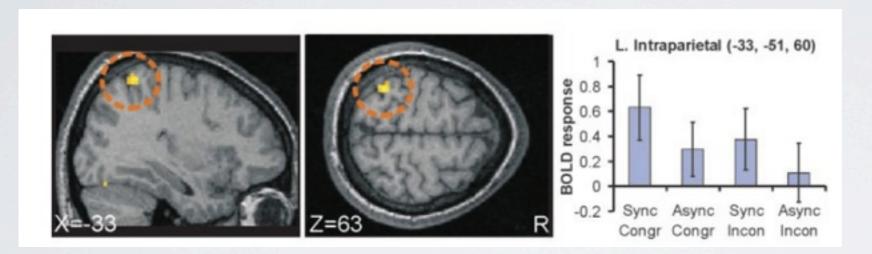
(Botvinick and Cohen, 1998)



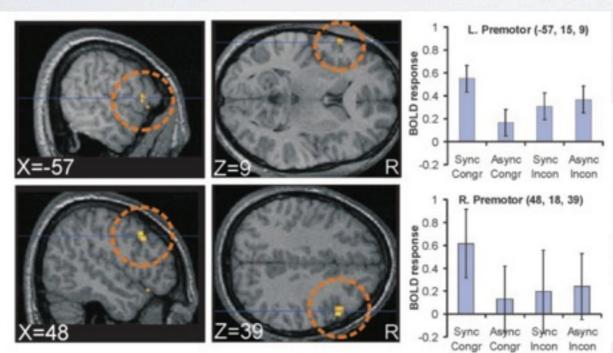
The illusion results from a "three-way interaction between vision, touch and proprioception"



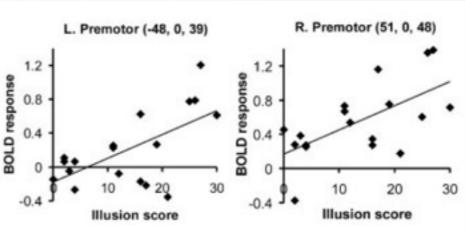




Parietal Activity
integration of vision, touch
and proprioception



#### Premotor Activity rubber hand illusion



(Ehrsson, Spence and Passingham 2004)

(Petkova and Ehrsson, 2008)





Ownership illusion can be experienced over a full body

(Petkova and Ehrsson, 2008)





Ownership illusion can be experienced over a full body

How?

(Petkova and Ehrsson, 2008)





Ownership illusion can be experienced over a full body

How?

• First person perspective (IPP)

(Petkova and Ehrsson, 2008)





Ownership illusion can be experienced over a full body

#### How?

- First person perspective (IPP)
- .... over a humanoin body

(Petkova and Ehrsson, 2008)





Ownership illusion can be experienced over a full body

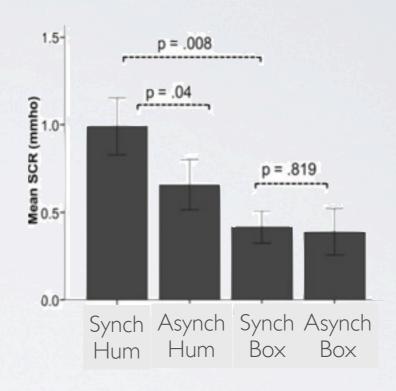
#### How?

- First person perspective (IPP)
- .... over a humanoin body
- Synchronous visuotactile stimulation

(Petkova and Ehrsson, 2008)



#### SKIN CONDUCTANCE



Stronger reactions to threat toward the fake body in the synchronous + humanoid body condition

of small and big bodies

(van der Hoort et al. 2011)





... and the world looks smaller/larger when you own a big/small body

(Maselli and Slater 2013)

- First person perspective (IPP) over a realistic body
- Vision and Proprioception in spatial register are sufficient,
   i.e. synchronous visuotactile stimulation is not necessary

### Ownership Illusions

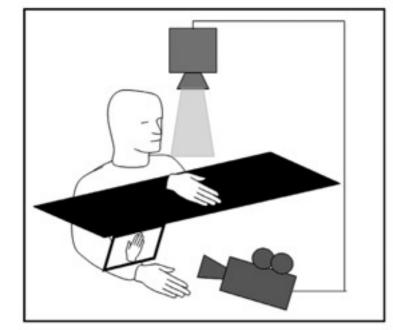
originate when experiencing congruent multisensory correlations of stimuli from the real and virtual body

#### Ownership Illusions

(Kalckert and Ehrsson, 2008)



(Tsakiris, Prabhu and Haggard 2006)



The RHI can be induced through visuomotor correlations

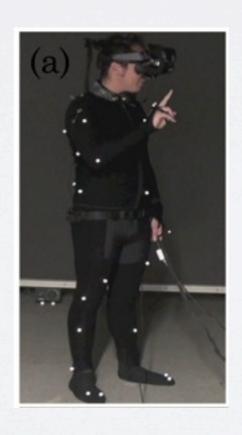
### Body Illusions in VR

Virtual Reality is an ideal tool for manipulating sensory information

Head Tracking



Full Body Tracking



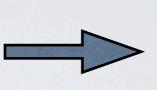
Haptic Devices



#### PRESENCE in VR

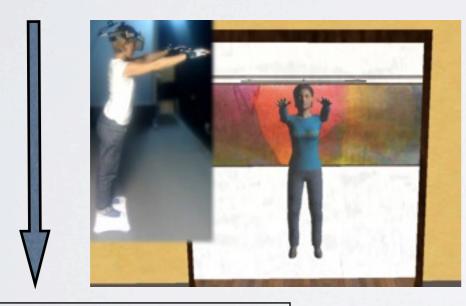
Head-tracked Stereo wide field-of-view

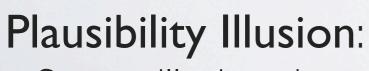




Visual perception through natural sensorimotor contingencies

Events are realistic and correlate with your actions

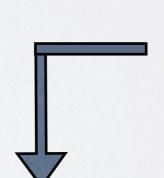




Strong illusion that events are real







#### Place Illusion:

Strong illusion to be there



(Slater, 2009)

### Body Ownership in VR



#### Rubber Hand Illusion in VR

(Slater et al. 2009)

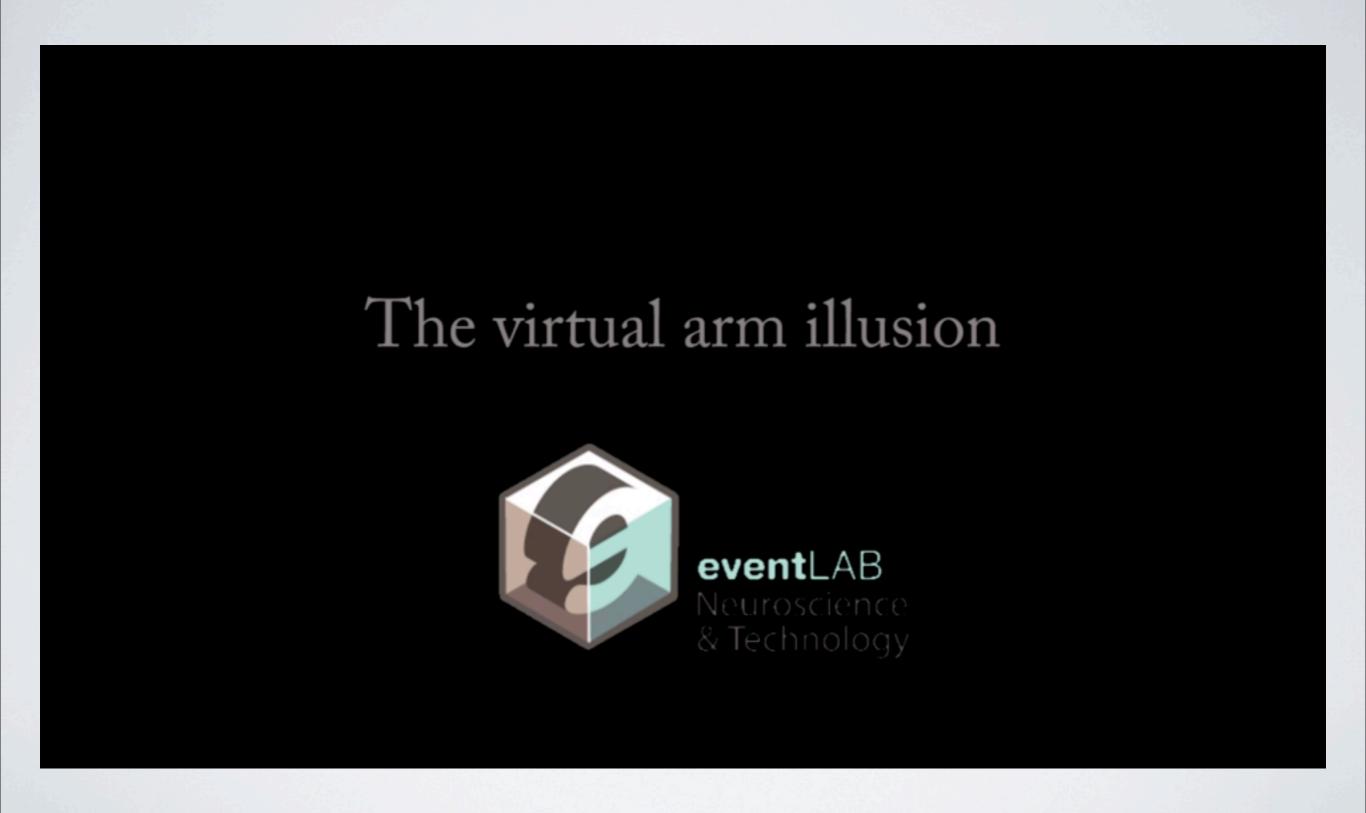




PowerWall - IPP view of the hand

Illusion induced with both visuotactile and visuomotor correlations

#### Rubber Hand Illusion in VR



(Slater, Perez-Marcos, Ehrsson and Sanchez-Vives 2009)

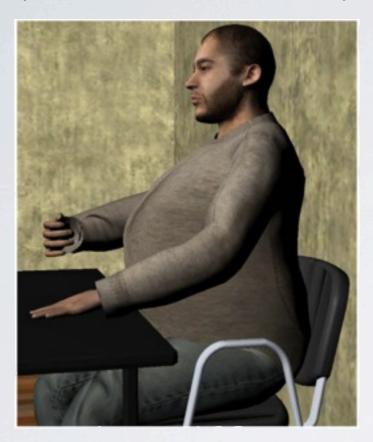
#### Ownership of deformed bodies

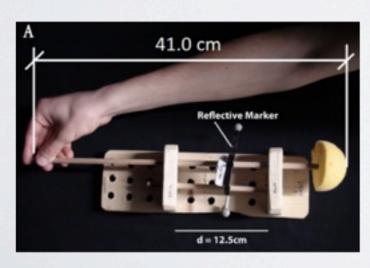
 The brain tolerates body deformations (as from kinesthetic illusions)

 In VR it is possible to add visual information of body deformations that can be assimilated

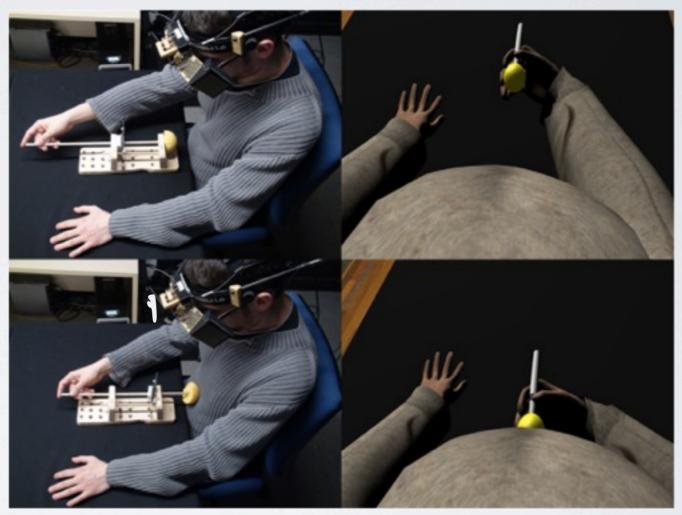
### The Big Belly Illusion

(Normand et al. 2011)





IPP over an avatar with a large belly



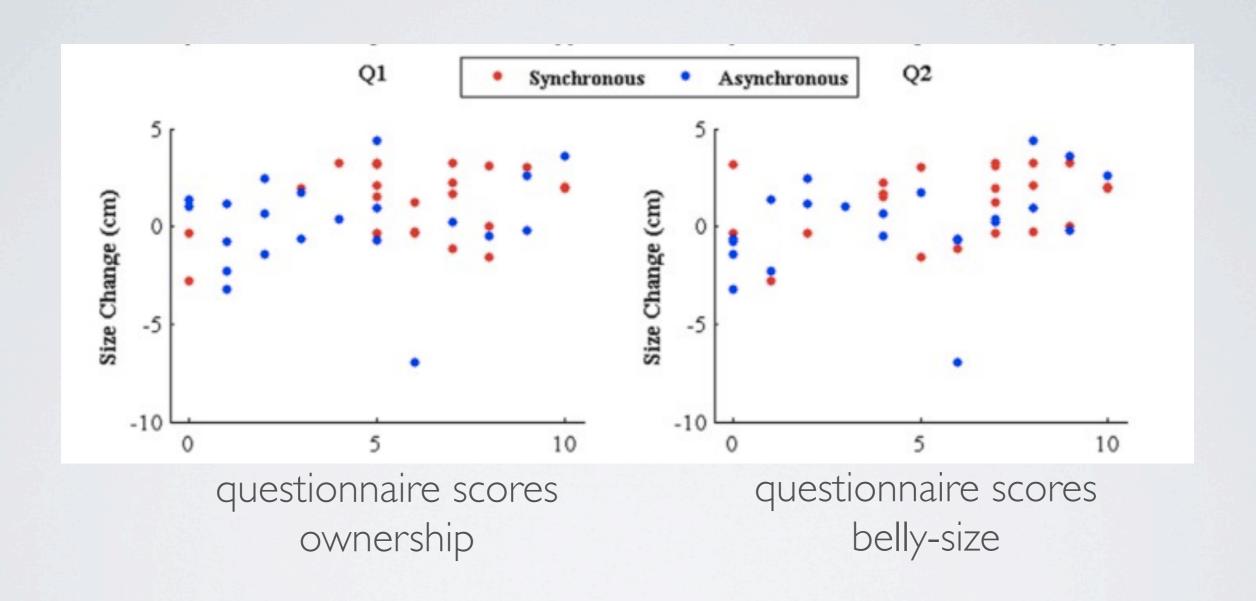
Use a tracked rot to touch the virtual/real belly

### The Big Belly Illusion



(Normand, Giannopoulos, Spanlang and Slater et al. 2011)

### The Big Belly Illusion



(Normand, Giannopoulos, Spanlang and Slater et al. 2011)

# The Big Belly Illusion

- Participants that experienced the illusions through IPP and congruent visuomotor plus visuotactile correlations
- Participants overestimate the size of their belly after the experiment
- Strong correlation among ownership scores and overestimations of the belly size

(Normand, Giannopoulos, Spanlang and Slater et al. 2011)

 How much can you have the illusion of ownership over a highly non-symmetrical body?

 How long can your arm be before you reject it as not being part of your body?

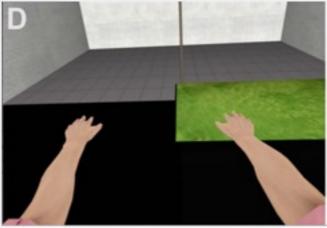
(Kilteni, Normand, Sanchez-Vives and Slater 2012)

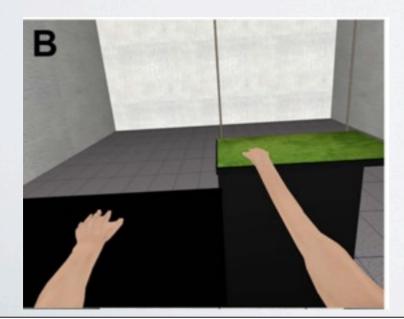
(Kilteni et al. 2012)



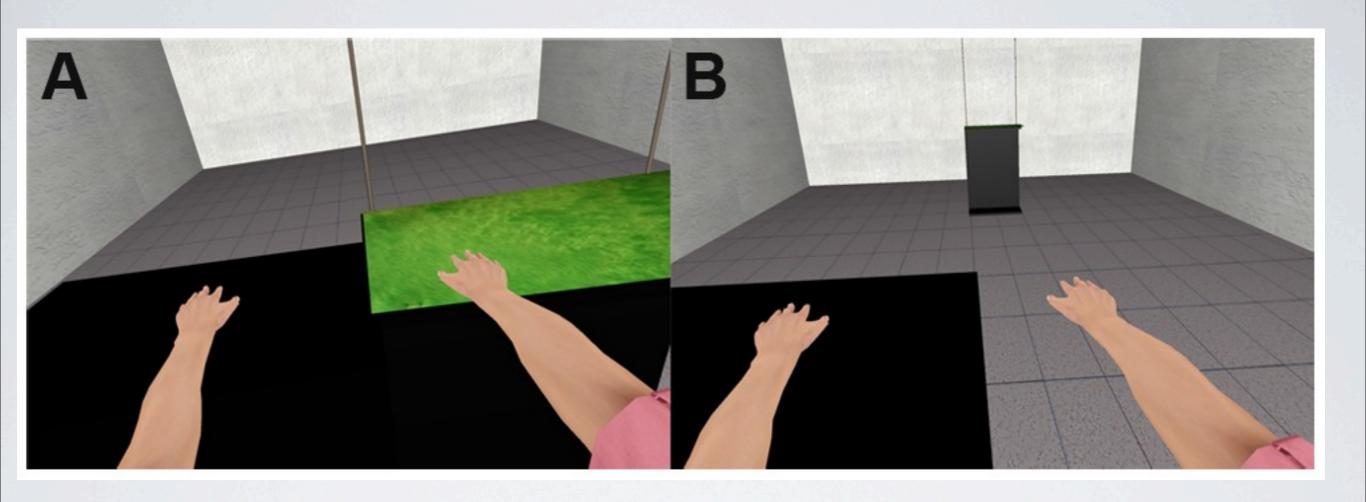
- Subjects have a IPP over a virtual body
- They can control the arms movements
- They touch two boxes both in physical and virtual reality







- While they experience touch the virtual box move away and the virtual arm elongates.
- This create the illusion of an elongating arm

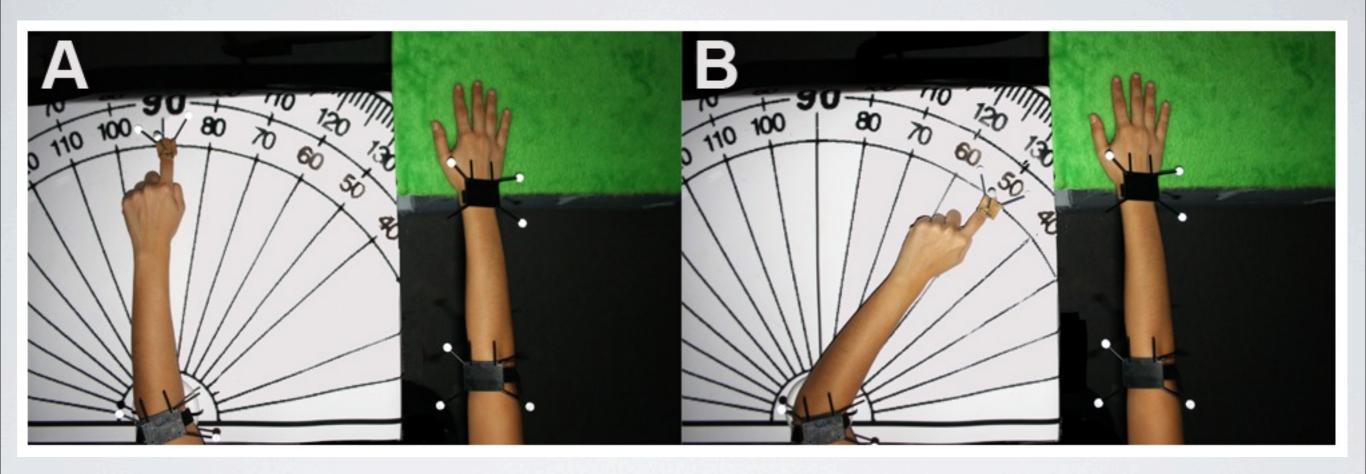


Congruent

The virtual hand touches the box in the same way as the real one

Incongruent

The virtual hand does not reach the box but the real one does.



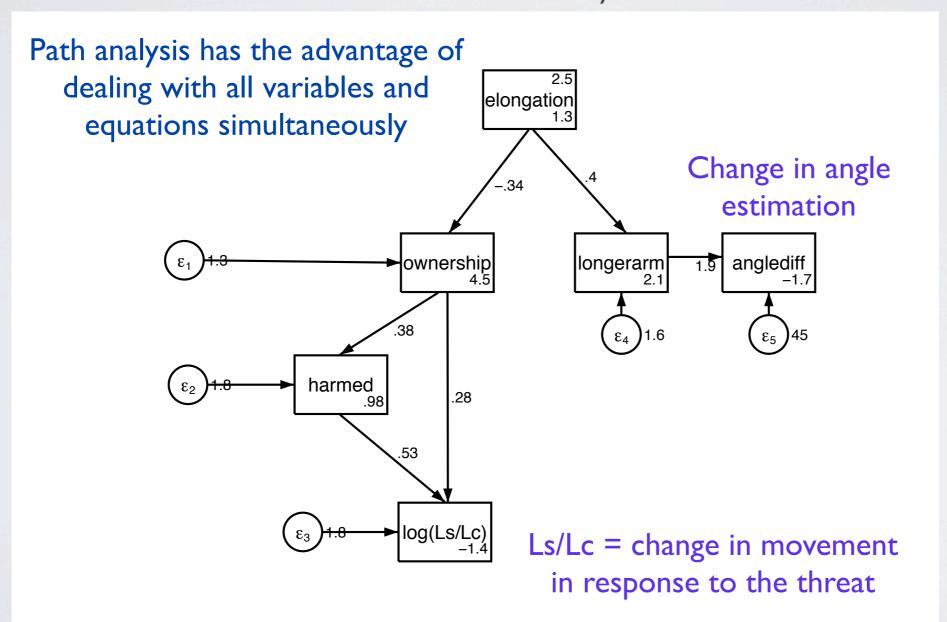
Measuring drift angle



(Kilteni, Normand, Sanchez-Vives and Slater 2012)

## RESULTS

#### Path Analysis



#### RESULTS

- No significant difference between Congruent and Incongruent conditions for length = I
  - this probably reflects the dominance of IPP
  - + visual-motor synchrony
- The virtual arm is integrated into body ownership strongly up to length 3, and less so length 4

# Ownership Illusions: Recap

Ownership illusions can be induced providing multisensory correlated stimuli

- body parts
- full bodies
- ... with non realistic sized and proportions
- the illusion brings along a set of perceptual correlates (e.g. size, posture, autonomic responses, etc.)

## Ownership Illusions: What's Next

There is growing evidence that in ownership illusions the type of body carries with it a set of attitudinal and behavioral correlates

- A casual body appearance makes you drum better
- A dark-skin body decreases your racial body
- A child body changes the way you perceive the environment and yourself

## Drumming Experiment

(Kilteni et al. 2013)

- The hypothesis was that the form of the virtual body would make a difference to how they played.
- All did a baseline condition where they were represented only by white hands.
- 16 were embodied in a 'casual' looking body and 16 in a body of 'formal' appearance.
- Motion capture recorded 30 upper body movement variables during a baseline time (white hands only) and experiment time.



# Drumming Experiment



Drumming in Immersive Virtual Reality: The Body Shapes the Way We Play

Konstantina Kilteni, Ilias Bergstrom and Mel Slater

# Drumming Experiment Results

- Response variables
  - Subjective body ownership scores (questionnaire)
  - Responses about the body scores (questionnaire)
  - Dimensionality of the motion capture data (principle components analysis)
- Hypothesis 
   — higher movements dimensionality for the casual group

(Kilteni, Bergstrom and Slater 2013)

# Drumming Experiment Results

- The level of body ownership was the same and high for both groups (median 5 or 6 out of max score of 7 with low IQR).
- The casual body was judged as significantly more expressive and appropriate for the task than the formal body. (Remember between-groups).

# Drumming Experiment

The movement dimensionality was significantly higher for the casual body group

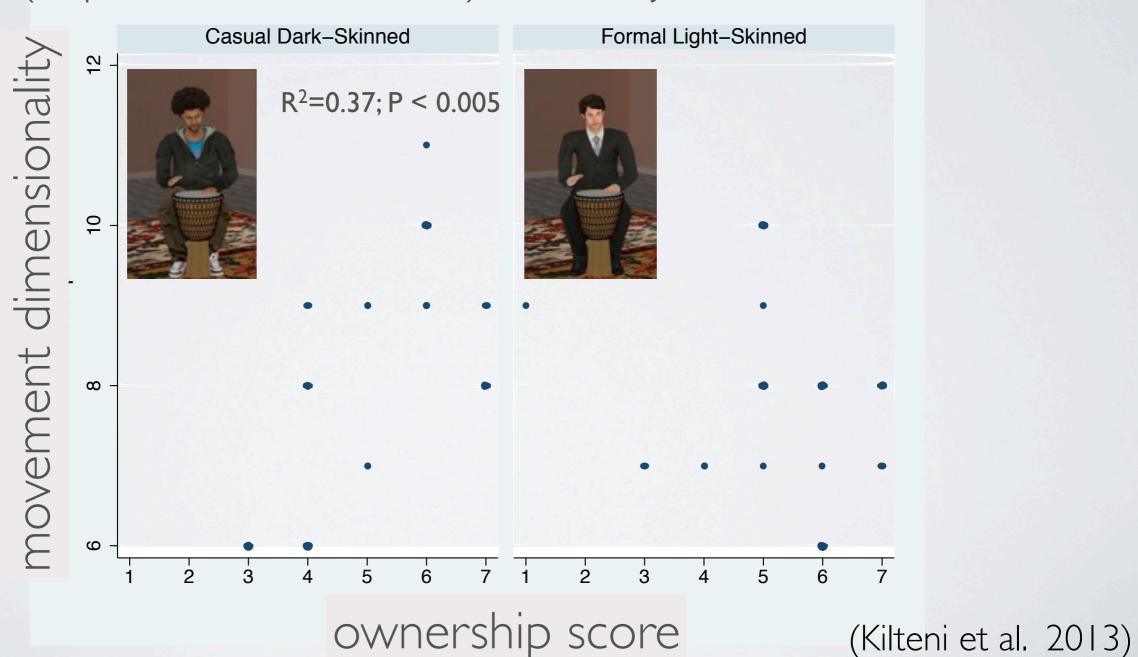
Mean SD of no. eigenvalues >= 95% of variance

Group	Mov. Dimens. Before	Mov. Dimens. After	Paired t-test
Casual	7.4 <b>±</b> 0.23	8.5 ± 0.29	0.0002
Formal	7.5 ± 0.38	7.5 <b>±</b> 0.27	0.90
t-test	0.90	0.013	

(Kilteni, Bergstrom and Slater 2013)

# Drumming Experiment

Correlations between dimensionality difference (experiment - baseline) and subjective variables.



# Drumming Experiment Conclusions

#### The body shapes the way we play

Full body ownership illusions can lead to substantial behavioral and probably cognitive changes in the context of musical performance

#### Motivations

- · People tend to categorize others into in-groups and out-groups
- · Racial categorization is apparently a deep seated example.
- Others have shown that racial categorization can be simply overcome by shifting coalitional alliances (Kurzban et al 2001).
- · Can embodiment techniques be used to obtain a similar result?

- Experimental design: between-groups
  - 15 embodied dark-skin (ED)
  - 15 embodied light-skin (EL)
  - 15 not embodied but dark skin in mirror with asynchronous movements (ND)
  - 15 embodied purple/alien skin (EA).

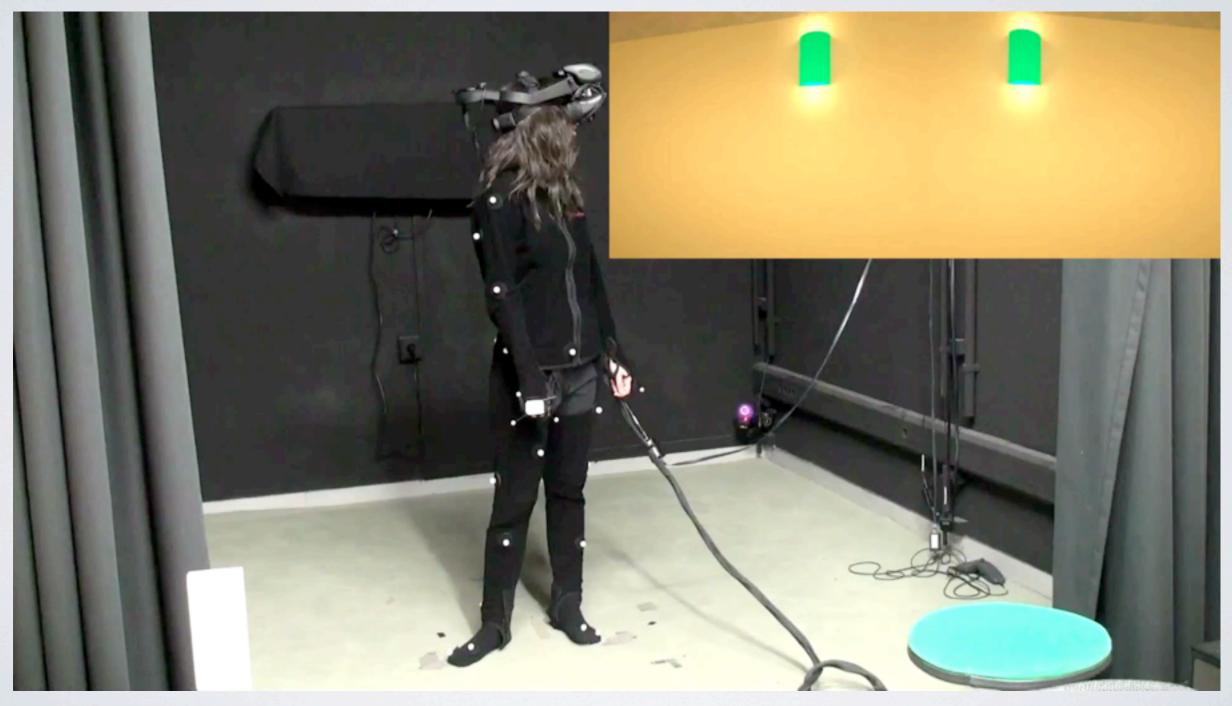
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  - Dark faces with negative words + light faces with positive words
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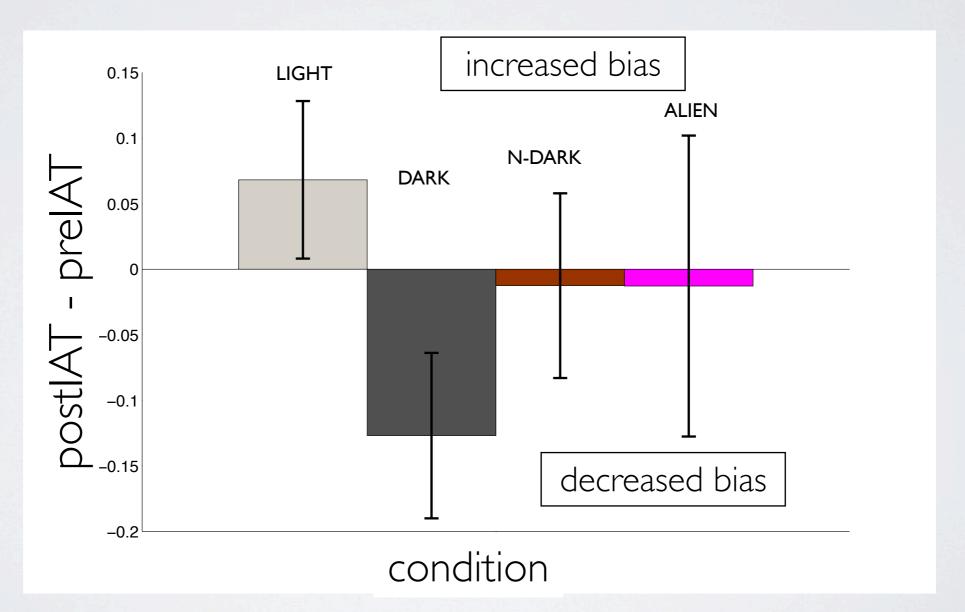
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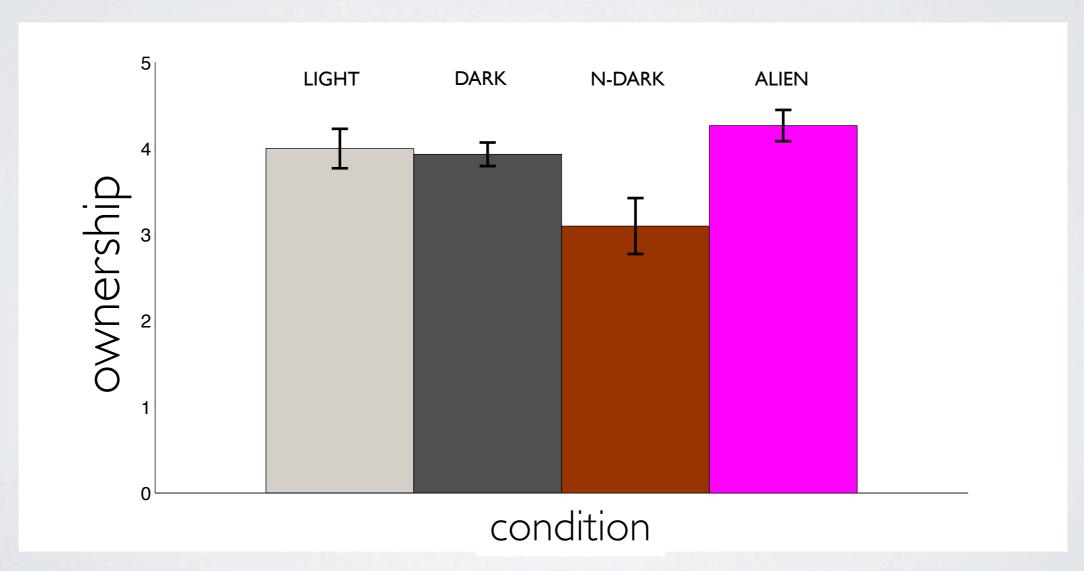
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- https://implicit.harvard.edu/implicit/demo/



After their VR exposure they have the Implicit Association Test (IAT) test again.



The illusion of body ownership was the same for all three embodied groups.



Conclusions

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• Remarkable how few minutes exposure to 'being' in the 'out-group' can influence deep-seated processes

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- Remarkable how few minutes exposure to 'being' in the 'out-group' can influence deep-seated processes
- Similar results found using a dark rubber hand illusion (Farmer et al. 2013)

Motivations

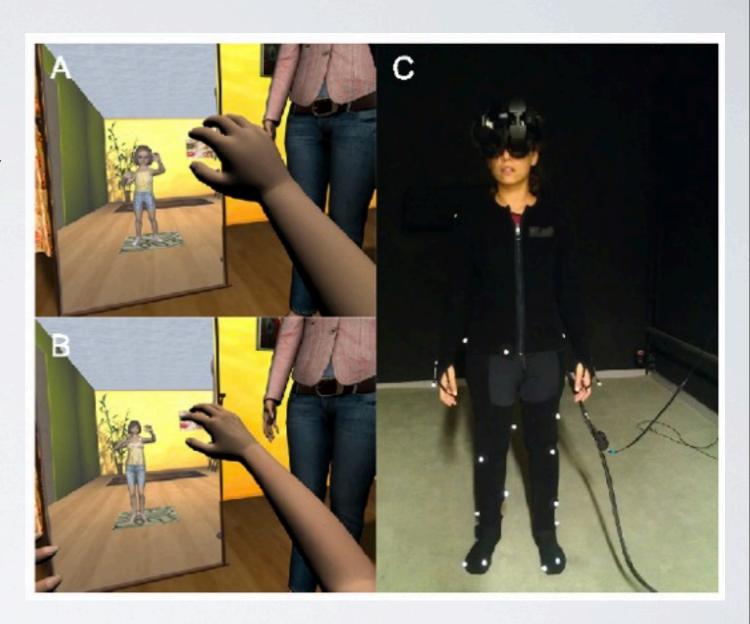
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- Previous results showed that the experience of ownership over a bigger/smaller body affects the way sizes and distances are perceived (van der Hoort et al. 2011)
- Can other factors, such as the type of body you own, affect size perception and the way you experience and categorize your self?

- Within-groups experiment
- Embodiment in a child body or in a scaled adult body
- Embodiment through synchronous visuomotor correlation
- Response Variables:
  - questionnaires
  - object size estimation
  - implicit association test (adult vs child)



### THE CHILD EXPERIMENT

#### Results

- Ownership can be induces toward a child body
- Object size estimation is affected non only by the size of the owned body, but also by its shape and meaning content (adult shape vs child shape)
- Self-categorization is modulated by the type of body you own

(Bakanou, Groeten and Slater 2013)

#### What about



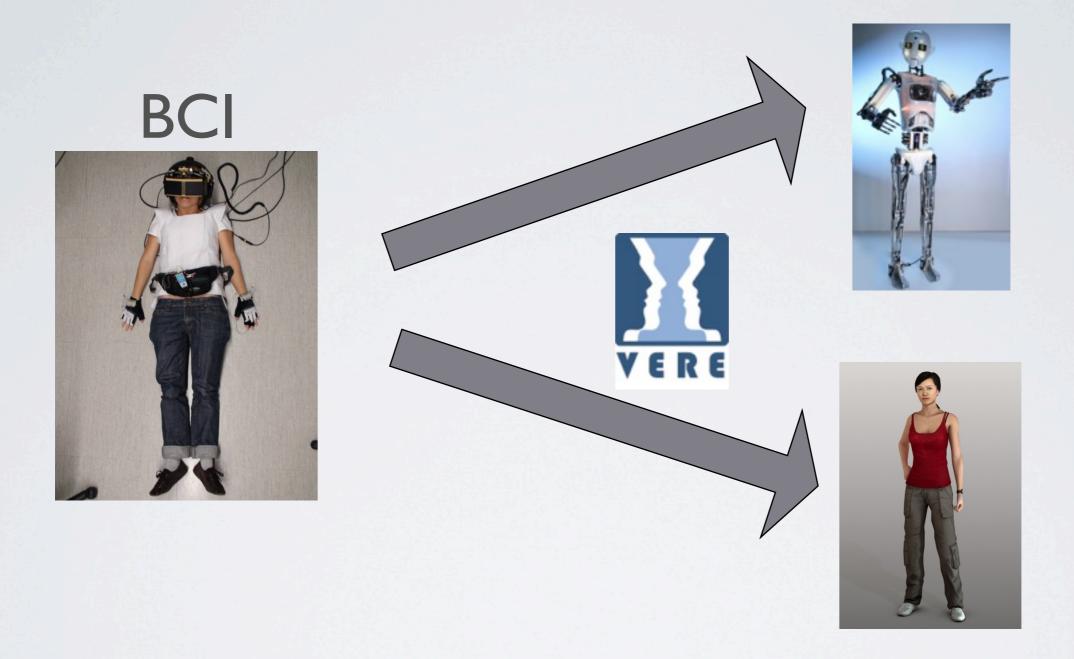
## BEING A ROBOT?



#### Embodiment into a ROBOT

The system allows you to control multiple robots and avatars at the same time.

#### Embodiment into a ROBOT



Allow disabled persons to interact with the world through an avatar or a robot

### ....from Ownership to Telepresence





The process of instantaneously transporting visitors from one physical place to another destination, allowing them to interact with local people there

#### BEING A ROBOT

Ownership of a robot \*000s km away from your real body!

### BEING A ROBOT

000s km away from your real body!

### BEING A ROBOT

000s km away from your real body!



### BEING A PATIENT

\*000sm away from your doctor!

## BEING A PATIENT

\*000sm away from your doctor!



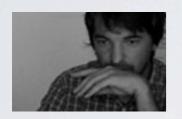
## CREDITS







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# THANKS!!

